GROW, or Girls Researching Our World, is designed for all students in sixth through eighth grades. The goal of the program is to increase girls' interest in science, technology, engineering & mathematics (STEM) disciplines.

EXCITE, or Exploring Science, Technology, and Engineering, is designed to encourage and support students in the 9th -12th grades to pursue a future in science, technology, engineering, mathematics and agriculture. The goal of the program is to foster girls' continuing interest in STEM.

**How the Summer Workshops work**

- Each workshop, GROW or EXCITE, is attended by 30-40 student participants, usually all female
- Participants are split into groups, around 12-14 students per group
- The groups rotate through a variety of activity sessions throughout the day (8am-5pm)
- Activity sessions are designed and facilitated by K-State faculty and their students
- Faculty do not need to be present at the workshop if they have students capable of presenting alone
- Each group of participants will be chaperoned by two K-State student mentors, who will be responsible for escorting the group to the activity locations, as well as helping the facilitator during the activity, as needed

**What should an activity look like?**

- 1-3 hours in length
  - activities can be split into multiple sessions, over multiple days
  - 1-2 hr sessions recommended for GROW groups
- Designed for 12-14 students
- Age appropriate (middle or high school level)
- Showcase a STEM-related concept or career field
- Hands-on activities should comprise the majority of the session time
- Presenters may use their own lab or classroom for the activity, or KAWSE will reserve a room on campus for you
- KAWSE has small budget for activity supplies

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**Schedule**

<table>
<thead>
<tr>
<th>Schedule Outline</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>8am - Noon</td>
<td>Check-In &amp; Opening Session</td>
<td>Faculty-led Activity Sessions</td>
<td>Faculty-led Activity Sessions</td>
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<tr>
<td>Noon - 1 pm</td>
<td>Lunch</td>
<td>Lunch</td>
<td>Lunch</td>
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<tr>
<td>1 - 5 pm</td>
<td>Faculty-led Activity Sessions</td>
<td>Faculty-led Activity Sessions</td>
<td>Closing &amp; Check-Out</td>
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<tr>
<td>5 - 6 pm</td>
<td>Dinner</td>
<td>Dinner</td>
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<tr>
<td>6 pm - 9 pm</td>
<td>Team-builder &amp; Social Activities</td>
<td>Team-builder &amp; Social Activities</td>
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</tbody>
</table>

**Important Dates**

- **April 29, 2016** - If you are interested in facilitating an activity at the GROW or EXCITE Summer Workshops, please let us know by the end of April.
- **May 25, 2016** - While we encourage you to submit planning details as soon as possible, important activity details must be finalized two weeks prior to camp for printing and scheduling purposes.

**KAWSE Contact Information:** Sara Heiman, Program Coordinator kawse@ksu.edu, (785) 532-6088, 125 Seaton Hall

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Office for the Advancement of Women in Science and Engineering